

Abraham Newsom

Psalm translations used by permission of The Grail

The Hours

for tenor, baritone, and bass voices

I

Morning

Psalm 57:8,9

Psalm 85:11,12

II

Evening

Psalm 91:1,2,14,15

*Dedicated to the Seminole High School Choir, Seminole, Texas
Eric Hindman, Director*

*Texa Music Educators Association
State Honor choir 1997*

webbermusic.org
300025

A friend of mine from college is a high school choir director in a small town in west Texas. The school's choir is superior and far surpassing anything one might expect from such a small town. I remember hearing the male voices in the choir and being especially impressed by the warm tone, balance, and musicality. I wrote this music with those voices in mind. The texts are loose translations of some of the Psalms we recite here in the monastery. So, this is for Eric Hindman and the Seminole High School Choir 1996 - 1997.

Many thanks to John Webber for all the time and energy spent typesetting, printing, and putting my music online.

Br. Abraham Newsom
Saint Gregory's Abbey
Three Rivers, Michigan

The Hours

for tenor, baritone, and bass voices

I. Morning

Andante ♩=80

Abraham Newsom

Psalm 57:8,9

Psalm 85: 11,12

Tenor

Baritone

Bass

My heart is read-y, O God. My heart is read-y, O

My heart is read-y, O God. My heart is read-y, O

My heart is read-y, O God. My heart is read-y, O

4

God. My heart is read-y, O God. I will sing, sing your

God. My heart is read-y, O God. I will sing, your

God. My heart is read-y, O God. I will sing, sing your

8

prais-es sing your prais-es prais-es My

prais-es sing your prais-es My

prais-es sing your prais-es prais-es I will sing, My

12 *f* *p* *f* *p*

heart is read-y, O God. My heart is read-y, O God. My

heart is read-y, O God. My heart is read-y, O God. My

heart is read-y, O God. My heart is read-y, O God. My

16 *mf* *mf* *mf*

heart is read-y, O God. I will sing, sing your prais-es

heart is read-y, O God. I will sing, ——— your prais-es

heart is read-y, O God. I will sing, sing your prais-es

20 *p* *mf* *p* *mf* *p*

sing your prais - es ——— prais - es ——— My

sing your prais - es ——— My

sing your prais - es ——— prais - es ——— I will sing, My

23 *pp* *poco piu mosso* ♩=88

heart is read-y, O God.

heart is read-y, O God. I will a-wake the dawn. I

heart is read-y, O God.

26 *mp*

Mer - cy and

will a - wake the dawn. I will a - wake the dawn. I

Mer - cy and

28

faith-ful-ness have met. Jus - tice and peace have em -

will a - wake the dawn. Jus - tice and peace have em -

faith-ful-ness have met. I will a - wake the dawn. I

30 *mf*

braced. A - wake

mf

braced. I will a - wake the dawn. I

mf

will a - wake the dawn. A - wake

32 *mp*

A - wake Faith - ful - ness shall spring from the

mp *mf*

will a - wake the dawn. I will a - wake the dawn. I

mp

A - wake Faith - ful - ness shall spring from the

34 *mf*

earth. And jus - tice look down from

mf

will a - wake the dawn. And jus - tice look down from

mf

earth. I will a - wake the dawn. I

36 *f*

heav - en A - wake

heav - en I will a - wake the dawn. I

will a - wake the dawn. A - wake

38 *rall.* (no dim.) , *a tempo* ,

A - wake My heart, My

(no dim.) *subito p*

will a - wake the dawn. I will a - wake the dawn. I

f (no dim.) *p*

A - wake A - wake

40 , *p*

heart My heart is read - y, O

, *p*

will a - wake the dawn. My heart is read - y, O

A - wake I will a - wake the dawn. I

42 *f* *p*

God. My heart is read - y, O

God. My heart is read - y, O

f *p*

will a - wake the dawn. I will a - wake the dawn. I

44 *f* *mp*

God. A - wake

f *mp*

God. I will a - wake the dawn. I

f *mp*

will a - wake the dawn. A - wake

46 *mp*

A - wake Jus - tice and

will a - wake the dawn. I will a - wake the dawn. I

A - wake Jus - tice and

48

mp

peace have em-braced. A - wake

will a - wake the dawn. I will a - wake the dawn. I

peace have em - braced. A - wake

50

mp

mf

A - wake Faith - ful - ness shall spring from the

will a - wake the dawn. Faith - ful - ness shall spring from the

A - wake I will a - wake the dawn. I

52

f

mf

earth. A - wake

earth. I will a - wake the dawn. I

will a - wake a - wake the dawn. A - wake

10

54 *mp*
 A - wake My heart is read - y, O
 will a - wake the dawn. I will a - wake the dawn. I
 A - wake My heart

56
 God. My
 will a - wake the dawn. I will a - wake the dawn. I
 A - wake A - wake My

58
 heart is read - y, O God.
 will a - wake the dawn. I will a - wake the dawn. I
 heart A - wake

60

p

My heart is read-y, O

p

will a-wake the dawn. My heart is read-y, O

p *mf*

A - wake _____ I will a-wake the dawn. I

62

mf

God. I will sing, sing your

mf

God. I will sing, _____ your

will a-wake the dawn. I will a-wake the dawn. I

64

p

prais - es sing your prais-es prais-es

p

prais - es sing your prais-es sing your prais-es

p

will a-wake the dawn. sing your prais-es sing your prais-es

My heart is read-y, O God.

sing your praise My heart is read-y, O God. A - wake my soul,

My heart is read-y, O God. A - wake my soul,

71 *mf*

lyre and harp lyre and harp A - wake my soul,

lyre and harp A - wake my soul, lyre and harp A - wake my soul,

A - wake my soul, A - wake my soul,

75 *mf*

lyre and harp A - wake A -

I will a-wake the dawn. A -

A - wake A -

80

wake A-wake lyre and harp A-wake my soul, lyre and harp A-wake my soul, lyre and harp A-wake my soul, A-wake my soul, A-

84

wake lyre and A-wake the dawn. wake my soul, lyre and harp I will a-wake the dawn. wake my soul, A-wake the dawn.

89 *p* *poco a poco rall.*

— My heart is read-y, O God. My heart is read-y, O
 — My heart is read-y, O God. My heart is read-y, O
 — My heart is read-y, O God. My heart is read-y, O

14
93 *a tempo* ♩=96 *mf*

God. lyre and harp

God. A-wake my soul, lyre and harp A-wake my soul,

God. A-wake my soul, A-wake my soul,

97

lyre and harp lyre and harp A - wake

lyre and harp A-wake my soul, lyre and harp I will a-

A-wake my soul, A - wake

101

A - wake

wake the dawn. A - wake my soul,

A - wake my soul,

105

lyre and harp A-wake lyre and harp A-wake

lyre and harp A-wake my soul, lyre and harp A-wake my soul,

A-wake my soul, A-wake my soul,

109

lyre and harp A - wake the dawn. My

lyre and harp I will a-wake the dawn. My

A - wake the dawn. My

poco a poco rall.

114

heart is read-y, O God. My heart is read-y, O

heart is read-y, O God. My heart is read-y, O

heart is read-y, I will a-wake the dawn. My heart is read-y, I

117 *f* *mf*

God. Faith-ful-ness shall spring from the

God. I will a-wake the dawn. I

will a-wake the dawn. Faith-ful-ness shall spring from the

119

earth. And jus-tice look down from

will a-wake the dawn. And jus-tice look down from

earth. I will a-wake the dawn. I

121 *f* *f* *f*

heav - en A - wake A -

heav - en I will a-wake the dawn. I

will a-wake the dawn. A - wake A -

123 *mf*

wake _____ Mer - cy and faith - ful - ness have

will a-wake the dawn. I will a-wake the dawn. I

A - wake _____ Mer - cy and faith - ful - ness have

125 ,

met. _____ and jus - tice and peace will em -

will a-wake the dawn. and jus - tice and peace will em -

met. _____ I will a-wake the dawn. I

127 *p* *f*

brace. _____ A-wake

brace. _____ I will a-wake the dawn. I

will a-wake the dawn. _____ A-wake

129

poco a poco dim.

A - wake My heart is read - y, O

will a - wake the dawn. I will a - wake the dawn. I

A - wake My heart _____ My

131

God. My heart is read - y, O

will a - wake the dawn. I will a - wake the dawn. I

heart My heart _____ My

133

God. My heart is read - y, O

will a - wake the dawn. I will a - wake the dawn. I

heart My heart _____ My

135 *p* *a tempo* ♩=96 *mf*

God. lyre and harp

will a-wake the dawn. A - wake my soul, lyre and harp A-

heart A - wake my soul, _____ A-

138

lyre and harp lyre and harp A-

wake my soul, lyre and harp A-wake my soul, lyre and harp

wake my soul, _____ A - wake my soul, _____ A-

142

wake _____ A - wake

I will a - wake the dawn. _____ A-wake my soul,

wake _____ A-wake my soul,

147

lyre and harp A-wake lyre and harp A-wake

lyre and harp A-wake my soul, lyre and harp A-wake my soul,

A-wake my soul, A-wake my soul,

151

poco a poco rall.

tempo I $\text{♩} = 80$

lyre and harp A-wake the dawn. My

lyre and harp I will a-wake the dawn. My

A-wake the dawn. My

156

heart is read-y, O God. My heart is read-y, O God. My

heart is read-y, O God. My heart is read-y, O God. My

heart My heart My

160 *mf*

heart is read-y, O God. I will sing, sing your prais-es

heart is read-y, O God. I will sing, your prais-es

heart is read-y, O God. I will sing, sing prais-es

164 *p* *mf* *p*

sing your prais-es My heart is read-y, O

sing sing your prais-es My heart is read-y, O

sing your prais-es A-wake

168 *f* *p* *mf* *p*

God. My heart is read-y, O God. My heart is read-y, O

God. My heart is read-y, O God. My heart is read-y, O

A-wake A-wake A-wake A-wake

172

mp *p* *pp*

God. I will sing, A-wake A - wake ___

mp *p* *pp*

God. I will sing, A-wake A - wake ___

mp *p* *pp*

God. I will sing, A-wake A - wake ___

II. Evening

Andante ♩=88-96

Psalm 91: 1, 2, 14, 15

p

and a -

p

Those who dwell in the shel-ter of the most high ___

p

Those who dwell in the shel-ter of the most high ___

182

bide ___ might - y. Say to the

___ in the shade might - y. Say to the

___ shade of the al - might - y. Say to the

187

Lord: "My re - fuge, my strong - hold, my

Lord: "My re - fuge, my strong - hold, my

Lord: "My re - fuge, my strong - hold, my

192

God in whom I trust" *p* Those

God in whom I trust" *p* Those who dwell

God in whom I trust" *p* Those who dwell

197

who dwell _____ and a - bide _____

in the shel - ter of the most high _____ in the

in the shel - ter of the most high _____

201

— might - y. Say to the Lord: "My

shade might - y. Say Lord: "My

shade of the al - might - y. Say Lord: "My

206 *mf*

re - fuge, my strong-hold, my God in

re - fuge, my strong-hold, my God

re - fuge, my strong-hold, my God

211 *p* *mp* 2 soli;

whom I trust" You set your trust on me so

I trust" You set your trust on me so

I trust"

216

I will free you, pro- tect you for you know my name.

I will free you, pro- tect you for you know my name.

(tutti)

pro - tect you know my name.

220

mf When you call I shall an- swer "I am with you" pro -

mf When you call I shall an- swer "I am with you" pro -

1 solo mf I shall an- swer "I am with you" pro -

tutti

tutti

tutti

225

tect you for you know my name. Those who dwell

tect you know my name. Those who dwell

tect you know my name. Those who dwell

p

p

p

230

in the shel-ter of the most high and a - bide _____

in the shel-ter of the most high _____ in the

in the shel-ter of the most high _____

234

— might - y. Say to the Lord: "My

shade might - y. Say to the Lord: "My

shade of the al - might - y. Say to the Lord: "My

239

re - fuge, my strong - hold, my God in

re - fuge, my strong - hold, my God in

re - fuge, my strong - hold, my God in

244 *poco a poco cresc.* my

whom I _____ "My re - fuge, my

poco a poco cresc.

whom I trust" "My re - fuge, my

poco a poco cresc.

whom I trust" "My re - fuge, my

249 strong - hold,

strong - hold, my God _____ in whom I trust"

strong - hold, my God in whom I trust"

strong - hold, my God in_ whom I trust"

254 ***ff*** ***ff***

When you call I shall an - swer "I am with you" pro -

When you call I shall an - swer "I am with you" pro -

When you call I shall an - swer "I am with you" pro -

259 *ff*

tect you for you know my name. set your love on

tect you for you know my name. set your love on

tect you for you know my name. set your love on

264 *mf* *p*

me, I am with you for you know my name.

me, I am with you for you know my name.

me, I am with you for you know my name.

270 *mf* *mp*

When you call _____ "I am with you" pro-

When you call _____ "I am with you" pro-

I an-swer "I am with you" pro-

275

p *p*

tect you for you know my name. Those who dwell

tect you for you know my name. Those who dwell

tect you for you know my name.

280

in the shel-ter of the most high and a - bide

in the shel-ter of the most high in the

p

of the most high

284

poco a poco cresc.

— might - y. Say to the Lord: "My

poco a poco cresc.

shade might - y. Say to the Lord: "My

poco a poco cresc.

shade of the al - might - y. Say to the Lord: "My

289

re - fuge, my strong - hold, my God in

re - fuge, my strong - hold, my God in

re - fuge, my strong - hold, my God in

294

ff

whom I trust" When you call I shall an - swer "I am

ff

whom I trust" When you call I shall an - swer "I am

ff

whom I trust" When you call I shall an - swer "I am

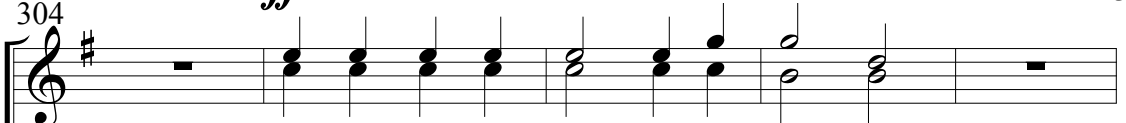
299

with you" pro - tect you for you know my name.

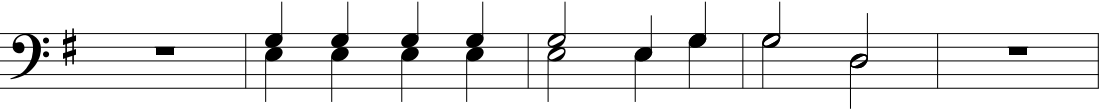
with you" pro - tect you for you know my name.

with you" pro - tect you for you know my name.

304

ff

set your love on me, I am with you

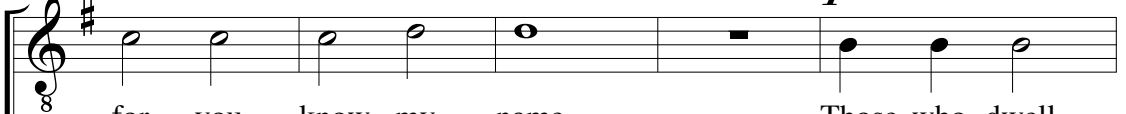
ff

set your love on me, I am with you

ff

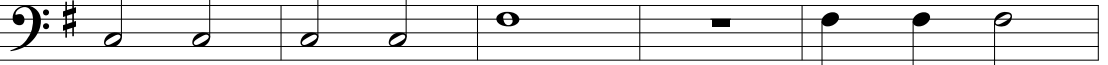
set your love on me, I am with you

309

p

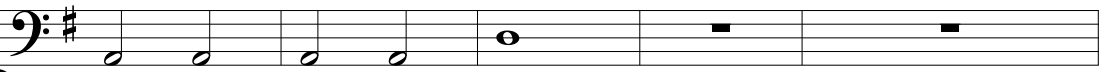
for you know my name.

Those who dwell

p

for you know my name.

Those who dwell



for you know my name.

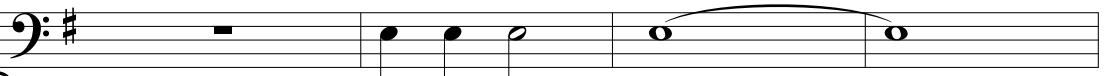
314



in the shel-ter of the most high and a - bide _____



in the shel-ter of the most high _____ in the



of the most high _____

might-y. Say to the Lord: "My re - fuge,
 shade might-y. Say to the Lord: "My re - fuge,
 shade of the al-might-y. Say to the Lord: "My re - fuge,

poco rall. al fine

my strong-hold, my God in whom I trust"
 my strong-hold, my God in whom I trust"
 my strong-hold, my God in whom I trust"

Music by Abraham Newsom

300004	Missa Brevis	for chorus and orchestra
300008	Rumi	for chorus and orchestra
300011	Symphony of Psalms	for chorus and orchestra
300014	The Kiss	for baritone and string quartet
300015	Tuesday Afternoon	for chorus and string quartet
300017	Symphony Cminor	for orchestra
300020	Symphony Gminor	for orchestra
300023	Visible Dream	for baritone voice and piano
300024	The Week in Review	for baritone voice and piano
300025	The Hours	for tenor, baritone, and bass voices

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